



### COVID-19 Vaccine Guidance

Here at Next Step Pediatrics we highly encourage that all eligible people receive the COVID-19 vaccine. Over the past year we have done extensive research looking at the safety and efficacy of this vaccine and have concluded that it is safe and effective, especially when compared to COVID-19 infection.

What we have seen in the office, and the research has confirmed, is a more mild illness and less risk of complication with vaccinated children compared to unvaccinated.

Although there is evidence of myocarditis and pericarditis occurring in children after receiving the Pfizer vaccine, this complication is 8-10 times higher from a COVID-19 infection in someone who is not vaccinated. Also this complication from the vaccine is generally milder, resolving spontaneously after a week or two.

Please be aware that we are all on the same page, which is the health and well-being of your child. We recognize that there is an abundance of misinformation about the vaccine and we are happy to answer any concerns you may have.